

SOCIAL WORK AND SOCIAL AUXILIARY WORK TRAINING



GENDER BASED VIOLENCE 10 CPD POINTS

THIS WORKSHOP IS THERAPY BASED AND NOT ONLY PSYCHO-EDUCATIONAL

Presented by Annatjie Wait

Workshop Dates:

3, 5, 10, 12 November 2026.



**VIRTUAL
ATTENDANCE:
ZOOM
09H00-12H00
(4 SESSIONS)**

**COST
R 1 700 per
person**

(GROUP DISCOUNTS AVAILABLE)

Gender-based violence (GBV) is prevalent in South Africa, deeply rooted in institutions, cultures, and traditions. It is perpetuated across generations by social and cultural norms, hindering efforts to reduce poverty. Violence is often used to reinforce traditional gender roles.

This 12-hour virtual workshop aims to:

- Provide delegates with evidence-based knowledge and practical tools.
- Train delegates in trauma-focused cognitive behavioural therapy (TF-CBT).
- Offer a standardised framework for guiding therapeutic sessions.
- Promote ethical practices when working with gender-based violence (GBV).
- Highlight the importance of self-care for professionals.
- Foster critical thinking in therapeutic approaches.
- Build skills in CBT assessments, safety planning, and related techniques.

TO BOOK

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